



## Planting and Harvest Times for Vegetables

### **Asparagus**

Sowing Time: January to February

Planting Time: April to May

Harvest: May to June

### **Artichoke - Globe**

Sowing Time: Mid February to End of March

Planting Time: April

Harvest: July to September

### **Artichoke - Jerusalem**

Planting Time: Mid March to End April

Harvest: October to following January

### **Aubergine**

Sowing Time: Mid February to end of March

Planting Time: April to May

Harvest: July September

### **Bean - Broad**

Sowing Time: January to Mid February

Planting Time: April to early May

Harvest: June to August

### **Bean - French**

Sowing Time: January to February

Planting Time: April

Harvest: July to September

### **Bean - Runner**

Sowing Time: April

Planting Time: May to June

Harvest: July to October

### **Beet - Leaf**

Sowing Time: April

Planting Time: May June

Harvest: June to mid September

### **Beetroot**

Sowing Time: March to June

Harvest: June to September

### **Broccoli**

Sowing Time: Mid March to May

Planting Time: June to July

Harvest: August to following March

### **Brussels Sprouts**

Sowing Time: February to March

Planting Time: April to June

Harvest: October to following February

### **Cabbage - Chinese**

Sowing Time: April to May or July to August

Planting Time: Mid September to Mid November

### **Cabbage - Spring**

Sowing Time: July to August

Planting Time: September to October

Harvest Time: Following March to May

### **Cabbage - Summer**

Sowing Time: February to March

Planting Time: March to April

Harvest: July to October

### **Cabbage - Winter**

Sowing Time: March to Early May

Planting Time: May to July

Harvest: November to following February

### **Calabrese**

Sowing Time: April to May

Planting Time: May to July

Harvest: August to early September

### **Carrot**

Sowing Time: February to June

Harvest: June to October

### **Cauliflower**

Sowing Time: January to June

Planting Time: March to June

Harvest: Following February to December

### **Celeriac**

Sowing Time: January to March

Planting Time: May to June

Harvest: November to following February

### **Celery**

Sowing Time: February to early April

Planting Time: April to June

Harvest: August to following February



## Planting and Harvest Times for Vegetables

### **Chicory**

Sowing Time: May to June  
Harvest: October to February

### **Courgette**

Sowing Time: April to June  
Harvest: July to October

### **Cucumber**

Sowing Time: March to June  
Harvest: June to September

### **Endive**

Sowing Time: March to June  
Harvest: August to following February

### **Garlic**

Planting Time: October  
Harvest: Following August

### **Kale**

Sowing Time: March to early May  
Planting Time: July to August  
Harvest: November to following March

### **Kohl Rabi**

Sowing Time: March to June  
Harvest: November to following February

### **Leek**

Sowing Time: January to early April  
Planting Time: April to June  
Harvest: September to following March

### **Lettuce**

Sowing Time: January to May  
Harvest Time: All year round

**Marrow** Sowing Time: March to May

Planting Time: May to June  
Harvest: July to October

### **Onion**

Sowing Time: January to March  
Planting Time: End of March to April  
Harvest: June to November

### **Parsnip**

Sowing Time: February to April  
Harvest: July to following February

### **Pea**

Sowing Time: January to May  
Harvest: May to September

### **Pepper**

Sowing Time: December to following March  
Planting Time: March to June  
Harvest: April to September

### **Potato**

Planting Time: February to May  
Harvest: June to October

### **Radish**

Sowing Time: February to July  
Harvest: April to September

### **Rhubarb**

Sowing Time: February to end of beginning of May  
Planting Time: February to March  
Harvest: Two years time April to July

### **Salsify**

Sowing Time: March to April  
Harvest: August to following January

### **Shallot**

Planting Time: February to March  
Harvest: August to September

### **Spinach**

Sowing Time: March to May  
Harvest: All year round

### **Swede**

Sowing Time: April to June  
Harvest: September to February

### **Sweet Corn**

Sowing Time: March to May  
Planting Time: May to June  
Harvest: August to October



## Planting and Harvest Times for Vegetables

### **Tomato - Indoor**

Sowing Time: January to March

Planting Time: April to May

Harvest: June to October

### **Tomato - Outdoor**

Sowing Time: February to April

Planting Time: May to June

Harvest: July to September

### **Turnip**

Sowing Time: March to August

Harvest: May to December

These planting times for garden vegetables are for temperate climates like the UK and should be adjusted to suite your own zone.

Always follow the instructions on your seed packets as this information should be accurate for your own area.

The sowing and planting times for garden vegetables will vary, even within the UK, as different parts of the country are warmer or drier than others and the sowing and planting times for garden vegetables should be adjusted as needed.

If there is a mild spring or autumn sowing or planting times for garden vegetables can be made earlier or later. So make use of any mild seasons.

Some indoor seed sowing can be started earlier than outdoor sowings, so check your seed packets which should have all this information.

If you want any further information on sowing and planting garden vegetables or how to propagate and grow any of your favourite gardening plants just visit [www.freegardeningplants.com](http://www.freegardeningplants.com)